

# Sizzle and Spice

## Lunch and Dinner

### Turkish Style Wraps

With spinach and feta cheese, onion and salad  
 Chicken, Spinach, feta cheese and onion  
 Turkish sausage, feta cheese and spinach

£3.95  
 £4.50  
 £4.50

Main Meal Size Bowl Size

### Chicken Jalpari

Chicken cooked with fresh green peppers, coconut milk, spices of ginger, garlic, green chillies and coriander. Served with pilau rice and nan bread

### Chickpea and Potato Massala

A delicious slow cooked curry cooked with roasted spices, and fresh chillies and coriander. Served with pilau rice or naan bread

### Sizzling Spiced lamb

Griddled, dry spiced tender lamb with pitta bread and tomato and onion raita

### Spicy Dry Fried Potato and Tomatoes with black onion seeds

With naan bread and tomato and onion raita

£5.95 £4.50  
 £4.50 £3.00  
 £6.95 £5.50  
 £4.95 £3.95

## Snacks

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Pakorras with chutney and raita

Poppodoms with sweet mango chutney

£1.50  
 £1.00

## Breakfast

### Breakfast Bap:

With sun dried tomato ciabatta:  
 Bacon and fried egg and tomato

£3.50

### Vegetarian

Tomato veggie sausage, fried egg, fried tomato

£3.50

### Turkish Wrap

Special Turkish flat bread with spinach, feta and Turkish sausage

£3.95

NB. Breakfast is not always available, depends on the type of event

## Drinks

### Coffee

Freshly ground coffee £1.90  
 Fair Trade instant coffee £1.00  
 Barley cup £1.00  
 Spicy Chai £1.50  
 Hot Chocolate with cream £1.50  
 £1.80

### Tea

Fair Trade Black Earl Grey £1.00  
 China Green  
 Herb & Fruit teas

### Cold drinks

#### Summer sparklies:

Whole Earth organic (canned) £1.20  
 Cola  
 Apple and Raspberry,  
 Lemonade  
 Ginger Beer

### Fentimans (bottled)

Mandarin Seville Orange,  
 Dandelion and Burdock

£1.80

### Pure Fruit Juices

Orange  
 Apple  
 Pineapple

£1.00

### Bottled Spring Water

£1.00